

Vitamin and mineral supplements do not cure COVID-19

Micronutrients, such as vitamins D and C or zinc, are essential for the proper functioning of the immune system and play a vital role in health and nutritional well-being. Currently, there is no indication for the use of micronutrient supplements as a treatment for COVID-19.

WHO is coordinating efforts to develop and evaluate medicines to treat COVID-19.

Studies show that **hydroxychloroquine** has no clinical **benefit in treating COVID-19.**

The effects of hydroxychloroquine and chloroquine - drugs used to treat malaria, lupus erythematosus, and rheumatoid arthritis - have been studied as possible therapies for COVID-19. However, current data indicate that they do not reduce mortality in hospitalized patients with COVID-19 or help people with moderate symptoms of the disease.

* Further studies are needed to determine the value of these drugs in patients with mild forms of the disease or as pre- or post-exposure prophylaxis for COVID-19.

Swimming or being in **water does not transmit the virus that causes COVID-19**

The virus that causes COVID-19 does not spread through water or while swimming. However, it can be transmitted through close contact with an infected person.

Can **shoes spread the COVID-19** virus?

The chance that the COVID-19 virus will spread through shoes and infect people is very low. As a precaution, especially in homes where infants and young children are crawling or playing on the floor, consider leaving your shoes at the doorway. This will help prevent contact with dirt or any debris that may be carried on the soles of the shoes.

CORONAVIRUS DISEASE (COVID 19) is **caused by a virus, NOT bacteria.**

The virus that causes COVID-19 belongs to a family of viruses called Coronaviridae. Antibiotics do not work against viruses.

Some people who get COVID-19 can also develop a bacterial infection as a complication. In this case, a health care provider may recommend antibiotics.

Currently, there is no medication approved to cure COVID-19. If you have symptoms, call your health care provider or the COVID-19 hotline for help.

Drinking alcohol will not protect you from COVID-19 and could be dangerous

Frequent or excessive consumption of alcohol can increase the risk of health problems.

COVID-19 can be **transmitted in areas with hot and humid climates**

The scientific evidence obtained so far indicates that the COVID-19 virus can be transmitted in **ANY AREA**, including hot and humid climates. Regardless of weather conditions, protective measures should be taken if you live in or travel to an area where COVID-19 has been reported.



Source: World Health Organization
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